



Welcome to *God's Little Explorers Preschool Curriculum!* I'm so excited to be sharing this journey with you. If you would like to know more about God's Little Explorers, please [read this blog post](#). You can also find a [listing of resources to use with God's Little Explorers on this page](#).

Each week, I will be sharing the lesson plans I'm using with my youngest daughter (*and my five-year-old, too...once we started, she didn't want to be left out*). We'll be exploring one letter (in no particular order), various math concepts, thematic projects (like cooking, crafts, and science), and one Bible story per week.

The curriculum is written to be four days each week. I recommend using the fifth day for a field trip and/or service project each week to enhance the theme and your child's learning.

I've written the lessons to be approximately 30-45 minutes if you complete the top three sections (Bible, Theme, and ABC & 123). The Life Skills section adds a little more time depending how thorough you are in teaching the various skills. The Other Ideas section, Book Bag, and Learning Bags are just extra ideas I share in case you want to switch-out a project, extend the learning, or don't like an activity I have included in the main lesson. Ideas that work for my children won't necessarily work for yours, so feel free to change and adapt the curriculum to fit your child's needs and your own!

This is a work-in-progress, so feel free to email me with your ideas and suggestions. You can contact me at [motherhoodonadime@gmail.com](mailto:motherhoodonadime@gmail.com). Please feel free to share this program with friends by sending them to [the landing page for God's Little Explorers](#). Please remember, this material is copyrighted, so you may not redistribute or sell these plans. Thanks for your help!

Blessings!

*Stacie Nelson*

"Be still, and know that I am God." —  
Psalm 46:10

Bible

Theme  
"o" is for Opposites

ABC & 123

Letter: o  
Color: Blue

Life

Book  
Bag

## Day 1

### Bible Exploration:

Read the story of the Mary & Martha (Luke 10:38).

We are talking about opposites this week, so share how we often view Mary and Martha as opposites and contrast their responses to Jesus. Consider how Mary was "still" and listening to Jesus, and Martha was too busy and distracted to take time to listen to Jesus.

Sing "Happy All The Time" from Wee Sing (includes some opposites: in-right and out-right, up-right and down-right).

### Theme Adventure:

Go on an adventure and look around your house for opposites. For example, you might find hot and cold water, upstairs and downstairs, under the bed and on top of the bed, toys in the toy box and toys out of the toy box.

**ABC Exploration:** Teach the sound **o o o**. Form arms overhead and make a great big O and say "o o o opposite."

Make a lowercase "o" Pencil Topper.

**Color Exploration:** Place a sheet of blue paper on the floor. Ask your child to go on a color hunt to find blue items to place on the paper.

### Self Help:

This week, we are moving into the laundry room. If you haven't already, work with your child on where to put clothing after they've worn it. Consider using a special hamper or container small enough that they can carry it to the laundry.

### The Foot Book

Come up with a list of your own wacky opposites!

### Opposites by Sandra Boynton

Have your child hold an object (toy, spoon, book, etc.). Ask them to do some opposite actions. Put it in **front** of them...then **behind** them. Put it on **top** of their head...put it **below** their feet. Place it **on** their hand...take it **off** their hand. Put it **over** their eye...put it **under** their nose.

## Day 2

### Bible Exploration:

Reread the story of the Mary & Martha.

Have a "Mary day". Take extra time to read God's word, sing songs together, do a Bible journal drawing, pray, and sit at the feet of Jesus.

### Theme Adventure:

Have an "opposites" taste test. Have your child taste something sour like lemons. Then, have them taste something sweet.

Repeat with various foods.

### Math Exploration:

Find a container like a water bottle with a thinner neck. Use small clothespins, cotton balls, or some other manipulative to put into the bottle.

Have your child predict how many will fit into the bottle. Then, have your child count them as they put them in the container.

Talk about the opposites "in and out".

### Chore:

Teach your child to sort clothing by whites and colors to get them ready to wash.

# Day 3

## Bible Exploration:

Review the story of Martha and Mary.

Play a game of [Red Light, Green Light](#). Substitute "Mary" for Red Light (she stopped and listened to Jesus). Substitute "Martha" for Green Light (she was on the go and too busy to stop).

When you say "Martha", your child walks towards you. When you say "Mary", they stop.

## Theme Adventure:

Have your child act out these opposite actions:

Push/Pull  
Stand/Sit  
Fast/Slow  
Up/Down  
Loud/Soft

Add your own ideas, too!

Turn on music & explore opposites. Move fast and slow. Make the music quiet and loud, etc.

## ABC Exploration:

Write the letter o in the Alphabet Journal. Use various colors of crayons or colored pencils to practice writing o.

## Color Exploration:

Make a blue collage. Add photos of blue items from a magazine, blue scrap paper, ribbon, buttons, felt, etc. Write the word "blue" on the collage somewhere and save to make a color book.

## Manners:

Work on an "indoor" and "outdoor" voice this week since we are doing opposites.

Practice. What does an indoor voice sound like? What does an outdoor voice sound like?

# Day 4

## Bible Exploration:

Use dolls, Lego people, your family, or make stick puppets to act out the story!

Print and cut apart the attached memory verse cards. Play a game of Memory with them. Ask your child to turn over the cards and make a match. When you are finished, put the cards in the correct order.

Sing "Happy All the Time" from Wee Sing.

## Theme Adventure:

Have an "Opposite Day" today. Eat dinner at breakfast and breakfast at dinner, wear clothing backwards, switch up your schedule to do your first thing last and the last thing first, etc.

## Science Exploration:

Explore the opposites "up" and "down" with this [Dancing Raisin experiment](#).

## ABC Exploration:

Review the sound and gesture for letter "o".

Use a small water bottle lid to print o on the lowercase o printable or glue Cheerios to it. Also, make an o on a small piece of paper and draw a pair of opposites. Add it to the [treasure map](#).

## Service:

Go to a friend or neighbor's home and do some "Martha" projects (cooking, cleaning, etc.), so they can have some "Mary" time worshipping God.

# Other Ideas

Go through your house and grab some items to make a pile of objects. Have your child sort them by big and little.


Fill a bowl with Cheerios and do some sensory play. Add spoons, cups, and other items and let your child explore.

Read "A Dean Man is Raised to Life" (Part 19) of [The Big Picture Bible](#). This story includes Mary and Martha, too. Depending on your child's age and personality, you may want to discuss dead and alive, the opposites in this story. This story will help set the stage for the story of Jesus' resurrection in a few weeks.

Find information about the studies below on the [Resource Page for God's Little Explorers](#):

- Hymn: What a Friend We Have in Jesus
- Composer Study: Franz Schubert
- Artist Study: Vermeer (Mary & Martha painting)

## My Ideas:

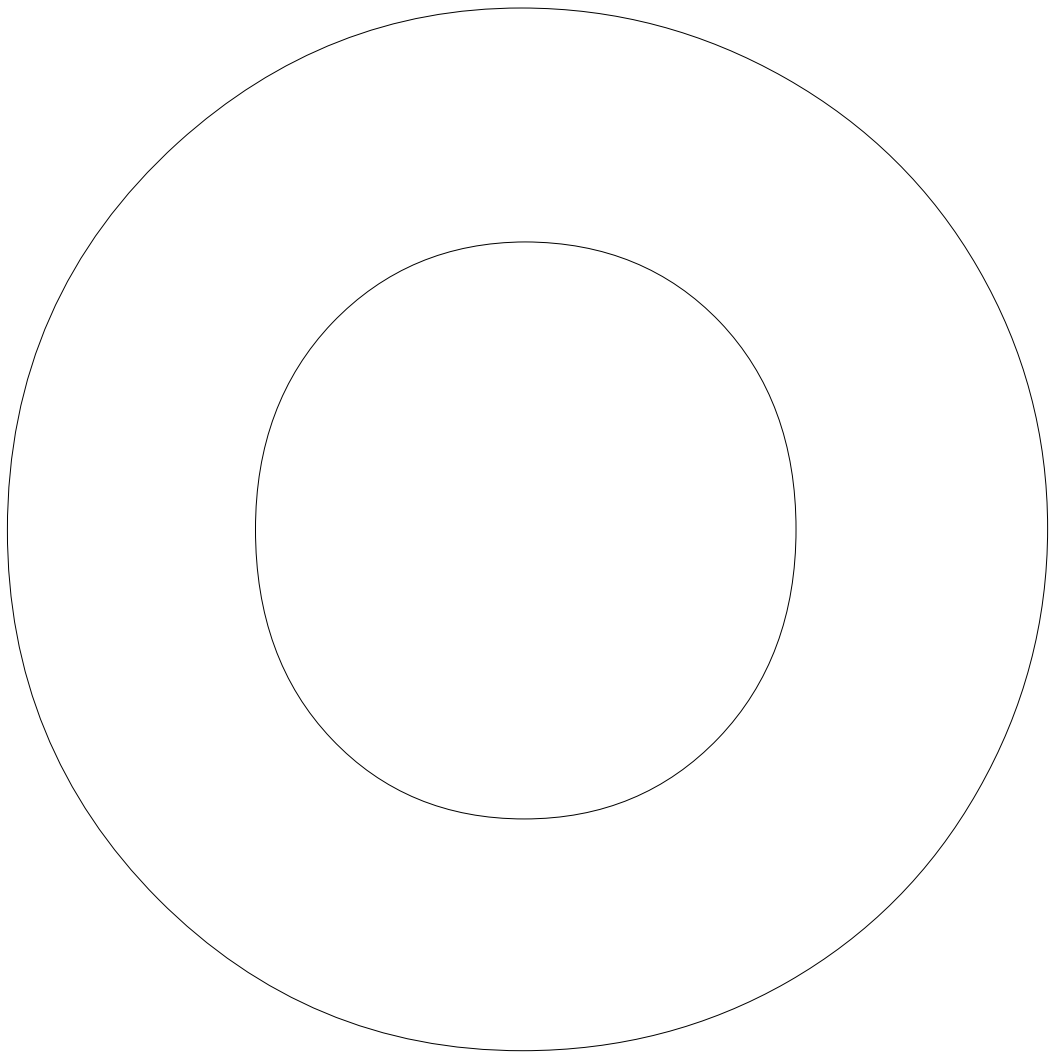
A circular logo with a dashed teal border. Inside, the words "Learning" and "Bags" are written in a colorful, playful font. "Learning" is in yellow, green, and blue, while "Bags" is in green and blue.

Learning  
Bags

[Scissor Skills Busy Bag](#)

[Tearing Paper Busy Bag \(#16\)](#)

See how to use the bags on the [Busy Bag Resource page](#) and find more [Learning Bag activities on the Busy Bag page](#).



Be

still,

and

know

that

I

am

God.

Psalm

46:10

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