

Welcome to *God's Little Explorers Preschool Curriculum!* I'm so excited to be sharing this journey with you. If you would like to know more about God's Little Explorers, please [read this blog post](#). You can also find a [listing of resources to use with God's Little Explorers on this page](#).

Each week, I will be sharing the lesson plans I'm using with my youngest daughter (*and my five-year-old, too...once we started, she didn't want to be left out*). We'll be exploring one letter (in no particular order), various math concepts, thematic projects (like cooking, crafts, and science), and one Bible story per week.

The curriculum is written to be four days each week. I recommend using the fifth day for a field trip and/or service project each week to enhance the theme and your child's learning.

I've written the lessons to be approximately 30-45 minutes if you complete the top three sections (Bible, Theme, and ABC & 123). The Life Skills section adds a little more time depending how thorough you are in teaching the various skills. The Other Ideas section, Book Bag, and Learning Bags are just extra ideas I share in case you want to switch-out a project, extend the learning, or don't like an activity I have included in the main lesson. Ideas that work for my children won't necessarily work for yours, so feel free to change and adapt the curriculum to fit your child's needs and your own!

This is a work-in-progress, so feel free to email me with your ideas and suggestions. You can contact me at [motherhoodonadime@gmail.com](mailto:motherhoodonadime@gmail.com). Please feel free to share this program with friends by sending them to [the landing page for God's Little Explorers](#). Please remember, this material is copyrighted, so you may not redistribute or sell these plans. Thanks for your help!

Blessings!

*Stacie Nelson*

Jesus said, "Let the little children come to me..." —Matthew 19:14 NIV

Bible

Theme

"y" is for You (All About Me + Human Body)

ABC & 123

Letter: y  
Color: White

Life

Book

Bag

## Day 1

### Bible Exploration:

Read the story of the little children coming to Jesus (Matthew 19).

Sing "Jesus Loves the Little Children" from Wee Sing.

### Theme Adventure:

This week we are talking about "y" is for you. We'll be talking about how each person is special, and we will also be learning basics about our bodies. Check out books from the library or read some you have at home about bodies.

Use the attached printables to make an "All About Me" booklet. You can also make a [keepsake photo book](#) if you desire or have time.

**ABC Exploration:** Teach the sound *yyy*. Point to someone else and say "y y you."

Make a lowercase "y" Pencil Topper.

**Color Exploration:** Place a sheet of white paper on the floor. Ask your child to go on a color hunt to find white items to place on the paper.

### Self Help:

Help your child learn to put clothing on hangers.

## Day 2

### Bible Exploration:

Reread the story of Jesus and the children.

Get out some photo books from when your child was a baby, a toddler, and now. Talk about how they've grown and changed. Share about how special they are to you and to God.

### Theme Adventure:

Trace around your child's body on a large sheet of paper (or use multiple small pieces of paper). Have them add a face, hair, clothing, shoes, etc.

If desired, you can extend this activity by using a ruler and taking measurements of body parts like arms, legs, neck, foot, and so on.

Review body parts with this [silly review game](#). You can also play "Hokey Pokey" or [Body Part Bubble Pop](#).

### Math/ABC Exploration:

Work on letters and/or numbers with "[Scratchy Back](#)" Letter Review.

### Chore:

Practice sorting clean clothing and putting it in the correct drawers or in the closet.

### You are Special

Create a collage that shows how your child is special. Use pictures from magazines or print some of your own photos to include.

### See Inside Your Body

Make [skeletons from Q-tips](#).

# Day 3

## Bible Exploration:

Review the story and verse for this week.

Have your child draw a picture of himself with Jesus on the attached sheet.

Sing "Jesus Loves the Little Children" from Wee Sing.

## Theme Adventure:

Have your child make a person from clay or playdough. See if they can get it to stand up. If not, give them toothpicks and talk about how the toothpicks are like our bones. You can also pull out a puppet or glove. Talk about how it is floppy without your hand in it. Your body would be the same way without bones. Have your child flop around like they don't have bones.

Have your child feel their bones (ribs, ankle, chin, shoulder, etc.). Talk about the different bones found in our bodies.

## ABC Exploration:

Make a y or two with yarn in the alphabet notebook.

## Color Exploration:

Make a white collage. Add photos of white items from a magazine, white scrap paper, ribbon, buttons, felt, etc. Write the word "white" on the collage somewhere and save to make a color book.

## Manners:

Teach your child to always ask before borrowing someone's belongings (including siblings and parents).

# Day 4

## Bible Exploration:

Sing "Jesus Loves the Little Children" from Wee Sing.

## Theme Adventure:

Help your child find her heartbeat. Share how exercise keeps our hearts healthy. Using the alphabet, help your child [brainstorm some fun actions/exercises to do together](#). **A** might be pretending to pick **a**pples, **B** could be **b**ending over and touching your toes, **C** could be **c**lapping in a circle, **D** could be **d**ancing a jig, and so forth.

After your alphabet work-out, check your heart and see if it is beating faster.

Make a face from fruit for a healthy snack.

## ABC Exploration:

Review the sound and gesture for letter "y".

Glue yarn to the printable y. Add it to the alphabet wall or notebook.

Have your child draw a picture of you on a small piece of paper. Write a letter y on it and add it to the treasure map.

## Service:

This week, focus on serving those in your family. Each day have your child ask, "What can I do for you, Mom (or dad or sister or brother)?"

# Other Ideas

Find the words to and sing "Dem Bones"

Cut out eyes, ears, a nose, and a mouth from a magazine. [Glue to a paper plate to make silly faces.](#)

Make gingerbread boys/girls and add features with frosting.

Find information about the studies below on the [Resource Page for God's Little Explorers](#):

- Hymn: Children of the Heavenly Father
- Composer Study: Franz Schubert
- Artist Study: Vermeer

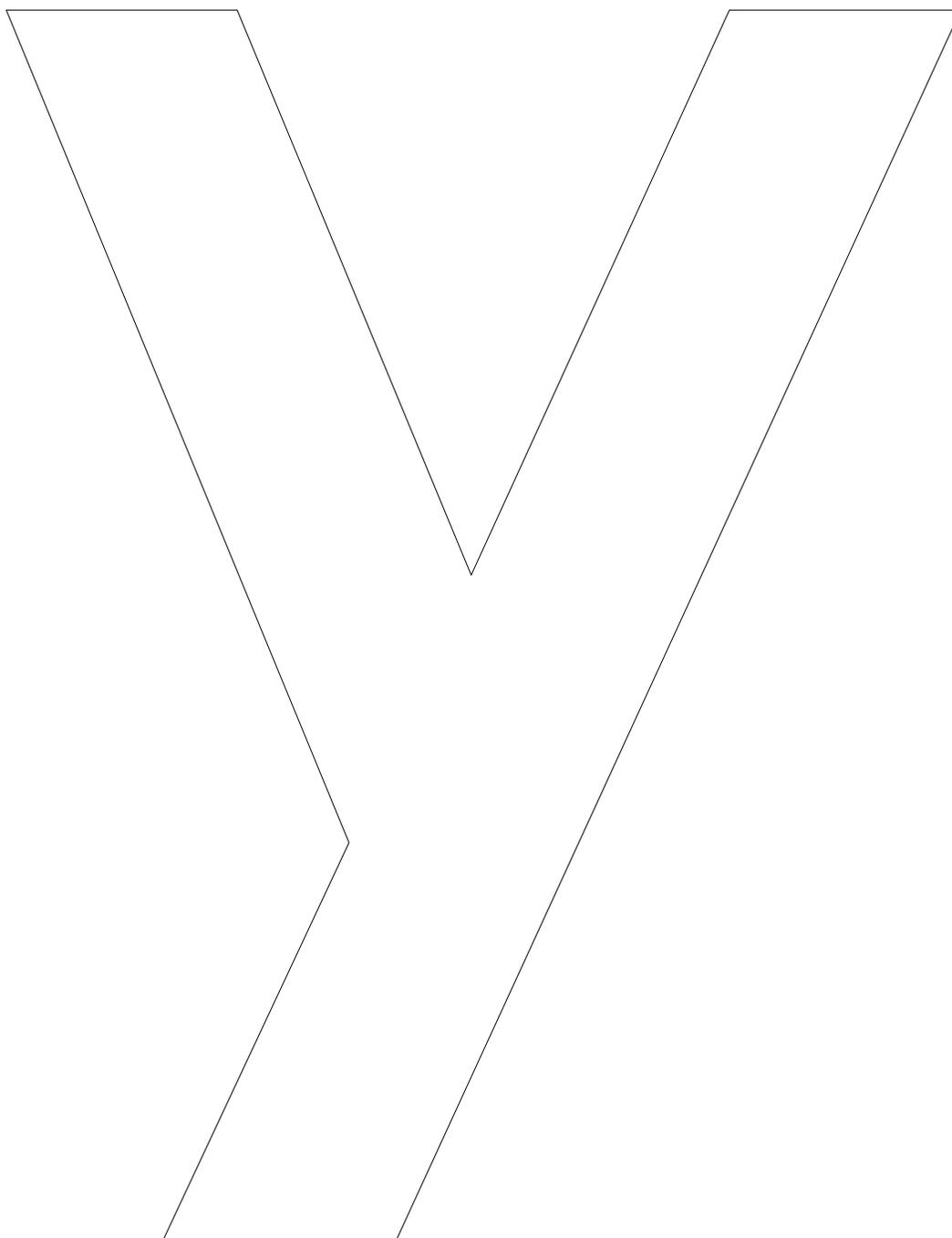
## My Ideas:

Learning  
Bags

[Clothesline Busy Bag](#)

[Woolly Willy Magnetic Funny Face](#)

See how to use the bags on the [Busy Bag Resource page](#) and find more [Learning Bag activities on the Busy Bag page](#).



Jesus said, “Let the little children come to Me...”

*Matthew 19:14 NIV*

This is my family.

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ALL ABOUT ME

My name is \_\_\_\_\_.

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I am \_\_\_\_\_ years old.

I like to \_\_\_\_\_.

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I like to \_\_\_\_\_.